

# 2000 MSHSL Section 4AA at Stillwater – Wednesday, May 31 & Friday, June 2, 2000

**Teams:** Mounds View 150, Stillwater 98, Champlin Park 69, Coon Rapids 65, White Bear Lake 61, North St Paul 50, Anoka 48½, Irondale 46, Mahtomedi 42, Blaine 31½, Spring Lake Pk/St Anthony 26, Totino Grace 9, Centennial 4, Tartan 2.

## 100 Meter Dash

- 1 Anthony Dew, Coon Rpds(10) 11.14
- 2 Demetrius Charles, Mounds Vw(11) 11.17
- 3 Larry Stewart, N St Paul(12) 11.24
- 4 Trent Johnson, Champlin Pk(11) 11.27
- 5 Bill Paone, Irondale(12) 11.30
- 6 Todd Bordewick, Mounds Vw(12) 11.35
- 7 John Healy, Tartan(11) 11.57 (11.51p)
- 8 Andy Bell, WBL(11) 11.65 (11.54p)

## 200 Meter Dash

- 1 Jamel Alkins, Coon Rpds(11) 22.21
- 2 Todd Bordewick, Mounds Vw(12) 22.33
- 3 Larry Stewart, N St Paul(12) 22.39
- 4 Demetrius Charles, Mounds Vw(11) 22.41
- 5 Trent Johnson, Champlin Pk(11) 22.59
- 6 Anthony Dew, Coon Rpds(10) 22.68
- 7 Kris Sivanich, Blaine(11) 22.78
- 8 Monte Stewart, N St Paul(11) 23.29

## 400 Meter Dash

- 1 Jamel Alkins, Coon Rpds(11) 48.2h
- 2 Dan Cinnamon, Stillwater(12) 49.6h
- 3 Brian Pramann, Mounds Vw(12) 49.9h
- 4 Dan Stoudt, Mahtomedi(10) 50.5h
- 5 Ryan Driscoll, Mahtomedi(12) 50.8h
- 6 Chris Moland, Irondale(12) 51.1h
- 7 Peter Hurtgen, N St Paul(11) 52.5h
- 8 Michael Ancheta, Coon Rpds(11) 52.9h (52.06p)

## 800 Meter Run

- 1 Trent Riter, Mounds Vw(11) 1:53.64 \*\*
- 2 Zach Swartzendruber, Anoka(11) 1:55.62
- 3 Mark Kidwell, Stillwater(12) 1:56.92
- 4 Matt Glover, WBL(12) 1:58.54
- 5 Peter Pulju, Mounds Vw(12) 1:59.17
- 6 Steve Rodriguez, WBL(12) 1:59.36
- 7 Scott Bromelkamp, Mahtomedi(12) 2:01.49
- 8 Ben Blackford, Mounds V(12) 2:02.08 (2:00.20p)

## 1600 Meter Run

- 1 Brent Wilberts, Mounds Vw(12) 4:22.90
- 2 John Francis, Stillwater(12) 4:26.27
- 3 Brian Anderson, Mounds Vw(12) 4:31.57
- 4 Alan Wilson, Mounds Vw(11) 4:31.59
- 5 Andrew Swanson, Stillwater(12) 4:32.07
- 6 Mike VanBeusekom, Irondale(9) 4:32.5
- 7 Joel Anderson, Irondale(11) 4:36.15
- 8 Ryan Brick, Coon Rpds(11) 4:37.88

## 3200 Meter Run

- 1 Andrew Swanson, Stillwater(12) 9:33.36
- 2 Caleb Olson, N St Paul(11) 9:34.01
- 3 John Francis, Stillwater(12) 9:34.25
- 4 Brent Wilberts, Mounds Vw(12) 9:45.06
- 5 Jimmy St Peter, Mounds Vw(12) 9:56.80

- 6 Joel Anderson, Irondale(11) 9:58.60
- 7 Brian Anderson, Mounds Vw(12) 10:02.47
- 8 Mike VanBeusekom, Irondale(9) 10:04.98

## High Hurdles

- 1 Chris Fream, Mounds Vw(11) 14.72
- 2 Peter Stuart, Blaine(11) 14.74
- 3 Riza Mahmoud, Champlin Pk(11) 14.76
- 4 Nick Lagos, WBL(10) 15.04
- 5 Adam Eskierka, Stillwater(12) 15.19
- 6 James Peckles, Centennial(11) 15.26
- 7 Jesse Allison, Anoka(11) 15.74
- 8 Matt Miller, Totino Grace(11) 16.18

## Intermediate Hurdles

- 1 Riza Mahmoud, Champlin Pk(11) 38.70
- 2 Peter Stuart, Blaine(11) 38.78
- 3 Charles Koepke, N St Paul(12) 39.62
- 4 Nick Lagos, WBL(10) 39.65
- 5 Chris Fream, Mounds Vw(11) 40.05
- 6 Joe Riplenski, Totino Grace(11) 40.08
- 7 Pat Horst, Stillwater(11) 41.25
- 8 Matt Howard, Mounds Vw(12) 41.58

## 4x100 Relay

- |                        |                  |
|------------------------|------------------|
| 1 Champlin Pk 42.52 ** | 5 Irondale 43.85 |
| 2 Mounds Vw 42.68      | 6 Blaine 44.00   |
| 3 Stillwater 43.30     | 7 WBL 44.47      |
| 4 N St Paul 43.55      | 8 Anoka 44.60    |

## 4x200 Relay

- |                         |                     |
|-------------------------|---------------------|
| 1 Stillwater 1:29.02 ** | 5 WBL 1:31.25       |
| 2 N St Paul 1:29.50     | 6 Anoka 1:31.95     |
| 3 Mounds Vw 1:29.95     | 7 Mahtomedi 1:34.15 |
| 4 Coon Rpds 1:30.90     | 8 Irondale 1:35.29  |

## 4x400 Relay

- |                      |                         |
|----------------------|-------------------------|
| 1 Stillwater 3:20.49 | 5 Mahtomedi 3:29.45     |
| 2 Mounds Vw 3:21.00  | 6 Coon Rpds 3:30.54     |
| 3 WBL 3:23.46        | 7 North St Paul 3:31.64 |
| 4 Anoka 3:25.85      | 8 Blaine 3:33.52        |

## 4x800 Relay

- |                         |                      |
|-------------------------|----------------------|
| 1 Mounds Vw 7:57.69     | 5 Mahtomedi 8:29.38  |
| 2 Stillwater 8:00.61    | 6 WBL 8:31.26        |
| 3 North St Paul 8:04.23 | 7 Blaine 8:31.49     |
| 4 Irondale 8:28.32      | 8 Centennial 8:31.93 |

## Shot Put

- 1 Jay Delmedico, WBL(12) 50-11 ½
- 2 Brian Eder, Stillwater(12) 50-3
- 3 John Cherek, WBL(12) 50-0 ½
- 4 Barry Smith, Champlin Pk(12) 49-5
- 5 Jason Cook, SLP/SA(12) 48-8 ¼
- 6 Erik Olson, Mounds Vw(11) 48-3
- 7 Tanner Hein, SLP/SA(12) 46-10
- 8 Zack Stoltz, Mahtomedi(12) 46-9

## Discus Throw

- 1 Jason Cook, SLP/SA(12) 180-7 \*\*
- 2 Tanner Hein, SLP/SA(12) 159-5
- 3 Jay Delmedico, WBL(12) 158-1
- 4 Bill Paone, Irondale(12) 157-3
- 5 John Cherek, WBL(12) 149-6
- 6 Barry Smith, Champlin Pk(12) 148-10
- 7 Christopher Carlson, Coon Rpds(12) 146-6
- 8 JD Greenberg, Stillwater(12) 141-4

## Long Jump

- 1 Matt Gordon-Jackson, Champlin Pk(12) 22-11½ \*
- 2 Ryan Driscoll, Mahtomedi(12) 22-6 ¼
- 3 Sam Adegoke, Mounds Vw(11) 22-5 ¾
- 4 Kwado Mensah, Irondale(11) 21-10
- 5 Ben Hande, Blaine(11) 21-6 ½
- 6 Jamel Alkins, Coon Rpds(11) 21-0 ¼
- 7 Brenden Viele, Mounds Vw(11) 20-8 ½
- 8 John Hendricks, Coon Rpds(11) 20-7 ¾

## Triple Jump

- 1 Kwado Mensah, Irondale(11) 46-8 ½
- 2 Matt Gordon-Jackson, Champlin Pk(12) 46-3
- 3 Travis Little, Anoka(12) 46-0 ¾
- 4 Pat Horst, Stillwater(11) 45-11
- 5 Sam Adegoke, Mounds Vw(11) 44-7
- 6 Ryan Driscoll, Mahtomedi(12) 44-4 ½
- 7 Sean Cludy, Stillwater(10) 44-4
- 8 Jason Cook, SLP/SA(12) 44-2 ¾

## High Jump

- 1 Jesse Richert, Anoka(11) 6-4
- 2 Riza Mahmoud, Champlin Pk(11) 6-4
- 3 Sam Adegoke, Mounds Vw(11) 6-0
- 4 Paul Johnson, Totino Grace(11) 6-0
- 5 Jason Sydejko, Blaine(11) 5-10
- 5 Zach Swartzendruber, Anoka(11) 5-10
- 7 Nate Stabenow, Mahtomedi(12) 5-10
- 8 Tim Skaff, WBL(12) 5-10

## Pole Vault

- 1 Andrew Peterson, Coon Rpds(12) 13-9
- 2 Jason Otterness, Anoka(11) 13-3
- 3 Reid Welker, Coon Rpds(12) 12-9
- 4 Wilder Freed, Mounds Vw(11) 12-3
- 5 John McNamara, Mahtomedi(12) 12-3
- 6 Blake Schneider, Mahtomedi(12) 12-3
- 7 Jason Carlson, Anoka(11) 11-9
- 8 Erik Oksnevad, SLP/SA(10) 11-3

\* Ties Meet Record

\*\* Meet Record

**Notes:** Mounds View was coached by Ross Fleming. Prelim times only noted if faster than final times.